



Understanding your 10-year-old





Points to be shared



I

ICT Matters

T&L



Teaching and Learning
in school and at home

R

Relationships with you
& with their friends

S

Sending the right signals
about school





I

ICT Matters





ICT in School

- ICT integrated lessons
- Using various platforms (e.g. SLS, Google, E-Zhishi, Koobits)
- ICT baseline skills (progressively taught) e.g. Word, Powerpoint, Excel, Google .etc
- ICT related events/programmes and enrichment e.g. Touch Typing, Ipad trail, ICT tips, Stop Motion etc.



Recommended ICT Set-up at Home

1. Laptop or Ipad (with keyboard)
2. M365 tools (Powerpoint, Word, Excel)
3. Zoom
4. Headset with microphone
5. Printer (optional)



Cyberwellness matters in School

Our curriculum aims to equip students with the knowledge and skills to harness the power of ICT for positive purposes, maintain a positive presence in cyberspace and be safe and responsible users of ICT.



Cyberwellness matters at Home

- **Set ground rules and expectations** for internet use.
- **Be aware** of what your child is doing online.
- Navigate the internet together to **understand their usage.**
- **Model good digital habits** for your child.
- Activate parental controls on your home devices.

Parent kit (MOE)



T&L

**Teaching and Learning
in school and at home**




Teaching & Learning in School and at Home

Your child is expected to have mastered knowledge and skills acquired in P1 – P3.

Those offering HMTL must be able to cope with more lessons after school, CCA, Leadership, etc.

All are offering the same syllabus but the demands are greater.






Teaching & Learning in School and at Home

Establishing a routine at home sets your child up for success.

Send the right signals by checking your child's homework which should be neatly done by him/her.

If you can coach your child, teach your child to help him/herself but do not do the work for him/her.






Teaching & Learning in School and at Home

He/She will be sitting for an SBB (Subject-Based Banding)
Exam in Term 4.

More details by the Heads of Department
will be provided at the 2 Feb Zoom session.






Teaching & Learning in School and at Home

Some of your children are beginning to display capabilities in CCA and Leadership. Teach your child to learn to commit to building his/her strengths and practise time management skills to leverage the training provided.

Some may want to consider building up their portfolio for DSA application in P6





R

**Relationships with you
& with their friends**




Relationships with you & with their friends

You are less their hero and more of a friend to share with
and an advisor/counsellor.

Do you spend time to interact with your child on a daily
basis on social matters?

Refrain from letting the phone babysit or be a
companion to your child.






Relationships with you & with their friends

Even though your role may have changed, you are still their first and most important teacher of values

Is it alright for your child to make a mistake, learn from it and face the consequences?

When he/she does, it is an opportunity for you to teach him/her values and coping strategies.



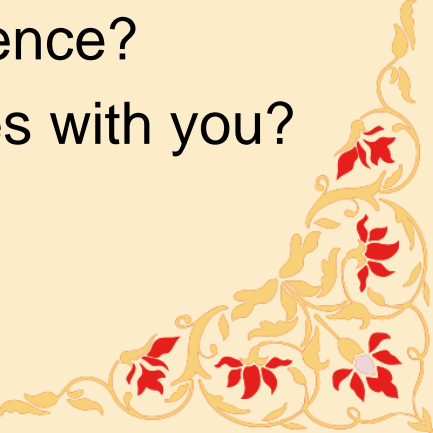


Relationships with you & with their friends

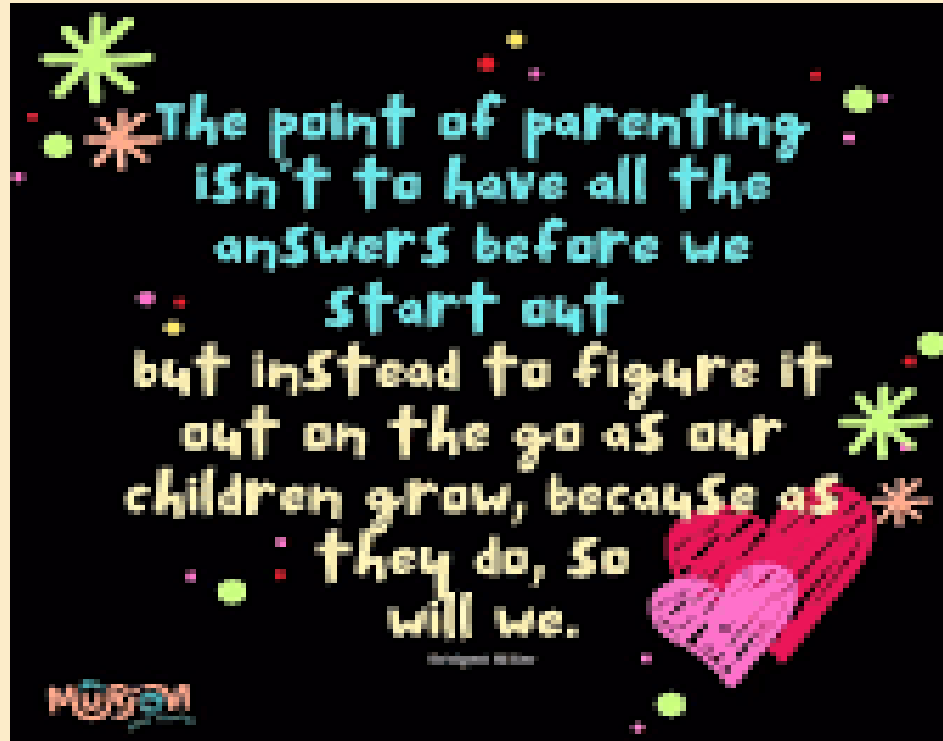
We have noticed that some of our female students have reached puberty.

How do you support your child through this awkward and sometimes painful period in their pre-adolescence?

How do you manage when your child test boundaries with you?



Parenting



a Pre-teen

Relationships with you & with their friends

Friends have become more important to your child.

In terms of:

- What they have
 - What they are allowed to do
- How they spend their free time / the 'freedom' they enjoy



The time you spend with your child is important.

Not doing so means that he/she will look more to friends as your child tests boundaries.



Relationships with you & with their friends

As your child tests boundaries, mistakes and misunderstandings can happen and your response makes the difference.





We appreciate cooperative parents who can give the benefit of the doubt especially when investigations are inconclusive.



Relationships with you & with their friends

As your child tests boundaries, mistakes and misunderstandings can happen and your response makes the difference.

We also seek parents' cooperation in serious cases and when punishment needs to be meted out. We do so for the good of the child.





S


**Sending the right signals
about school**



Sending the right signals about school

What you consider important will be noted by your child.
School needs to be important for your child.

Right signals to send:

- No latecoming
 - No unnecessary absences
 - No excuses about homework
- 




Sending the right signals about school

Strong foundation in subjects paves the way to cope with
P5 – P6 curricular demands.

Some parents may hire tutors to support their children. Your
children can cope on their own if they pay attention and have
a sound home routine.

For parents who still wish to hire tutors, do hold your
tutors accountable for your child's progress.



Sending the right signals about school

Strong foundation in subjects paves the way to cope with
P5 – P6 curricular demands

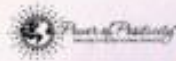
There's much to look forward to in school


- More after-school activities (CCA, Leadership, after-school support)
 - Competitions, Camps, Learning Journeys

Your child needs to learn to manage his/her time
and prioritise well

“It’s not what you do for your children but what you have taught them to do for themselves that will make them successful human beings.”

Ann Landers





Invest time in your child, send
the right messages and
together let us nurture the star
in your child!

Term 1 Parenting Talk

Managing Screen Time & Media Use in the Family

- Day / Date: **Saturday, 27 January 2024**
- Time: **11.30am to 12.30pm**
- Mode: **via Zoom**
- To register: **Refer to PG message sent on 12 Jan**

Managing Screen Time & Media Use in the Family

Should I give my child a handphone, or not?
When is the right time to do so?

What are some best practices to regulate media use in the family?

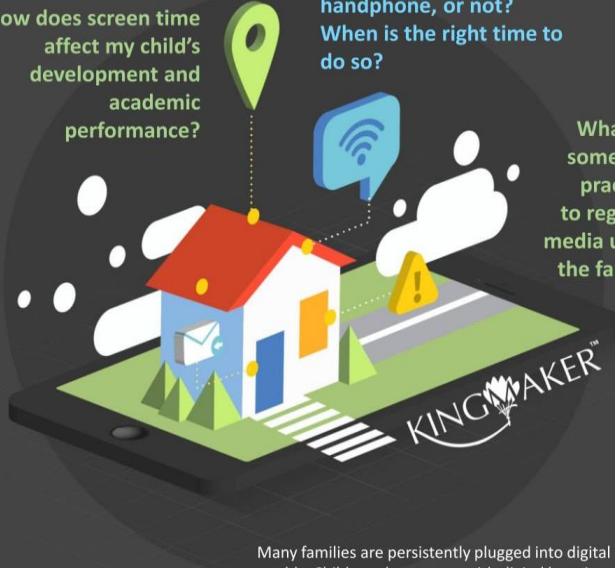
Many families are persistently plugged into digital worlds. Children also engage with digital learning devices in school. The common result is an increasingly distracted generation - children have shorter attention spans and become less productive in learning. Many parents grapple with managing screen time and media use for their families, sometimes ending in meltdowns and frustration.

This programme draws from scientific research on the impact of digital exposure on child development, academic learning and social relationships. Participants gain insight on addictive design of devices and applications. Parents will explore & learn practical handles to manage attention for healthy development & to develop a healthy relationship with digital devices.

Participants will also acquire:

- A sample media plan for their family and child's development
- Ideas for regulating & monitoring use of digital devices

How does screen time affect my child's development and academic performance?



Useful Parenting Resources



<https://sites.google.com/moe.edu.sg/spec/useful-parenting-resources>

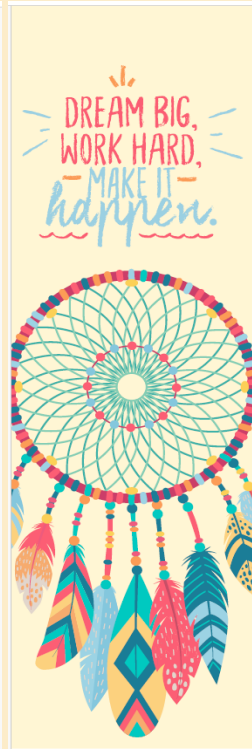
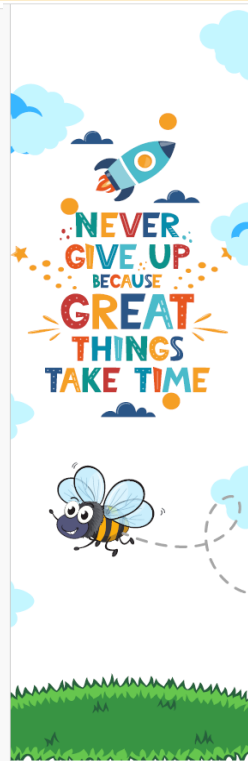
Available resources on:

Building Bonds

Cyber Wellness @ Home

Emotional Health

Write An Encouragement Note for Your Child



For A Special Child

Dear _____, ()
(Child's Name) (Child's Class)

Yours truly,

(Your Name)

Open Classroom 2024



Thank You



Open Classroom Feedback Form

